

GABI LORENZO



MECHANICAL ENGINEER & SPORTS PRODUCT DESIGNER



I AM ENERGIZED BY SOLVING COMPLEX PROBLEMS.



I BELIEVE THAT GREAT DESIGN CAN ALWAYS BE IMPROVED.



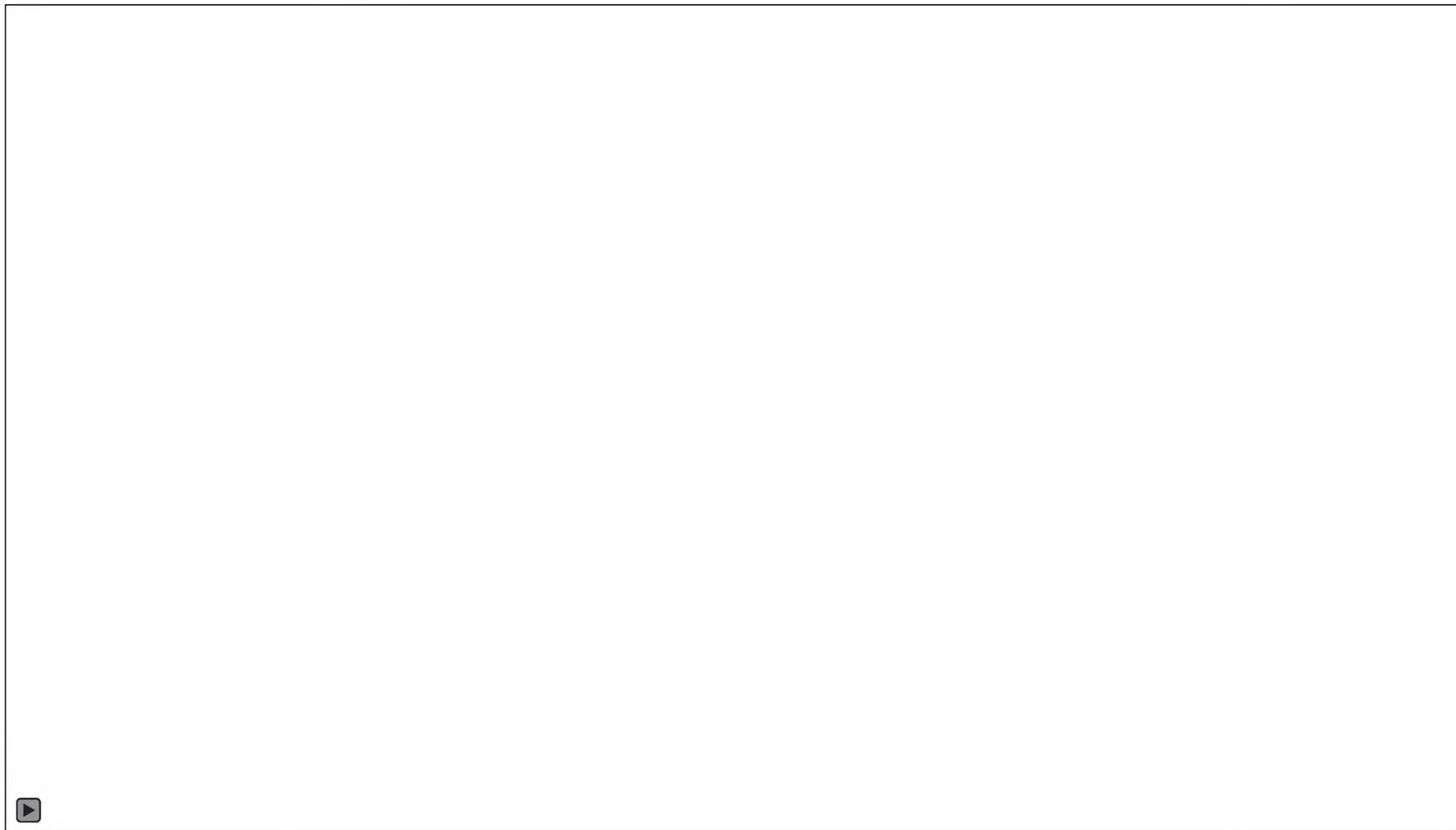




HOW CAN WE HELP FEMALE DISTANCE RUNNERS REACH THEIR
PEAK PERFORMANCE USING SENSOR-EQUIPPED FOOTWEAR?



REAL-TIME FEEDBACK OF SHEAR FORCES AT THE FOOT-SHOE INTERFACE CAN HELP THE ATHLETE CORRECT HER GAIT TO RUN FASTER & RUN LONGER



PROJECT IMPORTANCE

○ **WHAT IS SHEAR?**

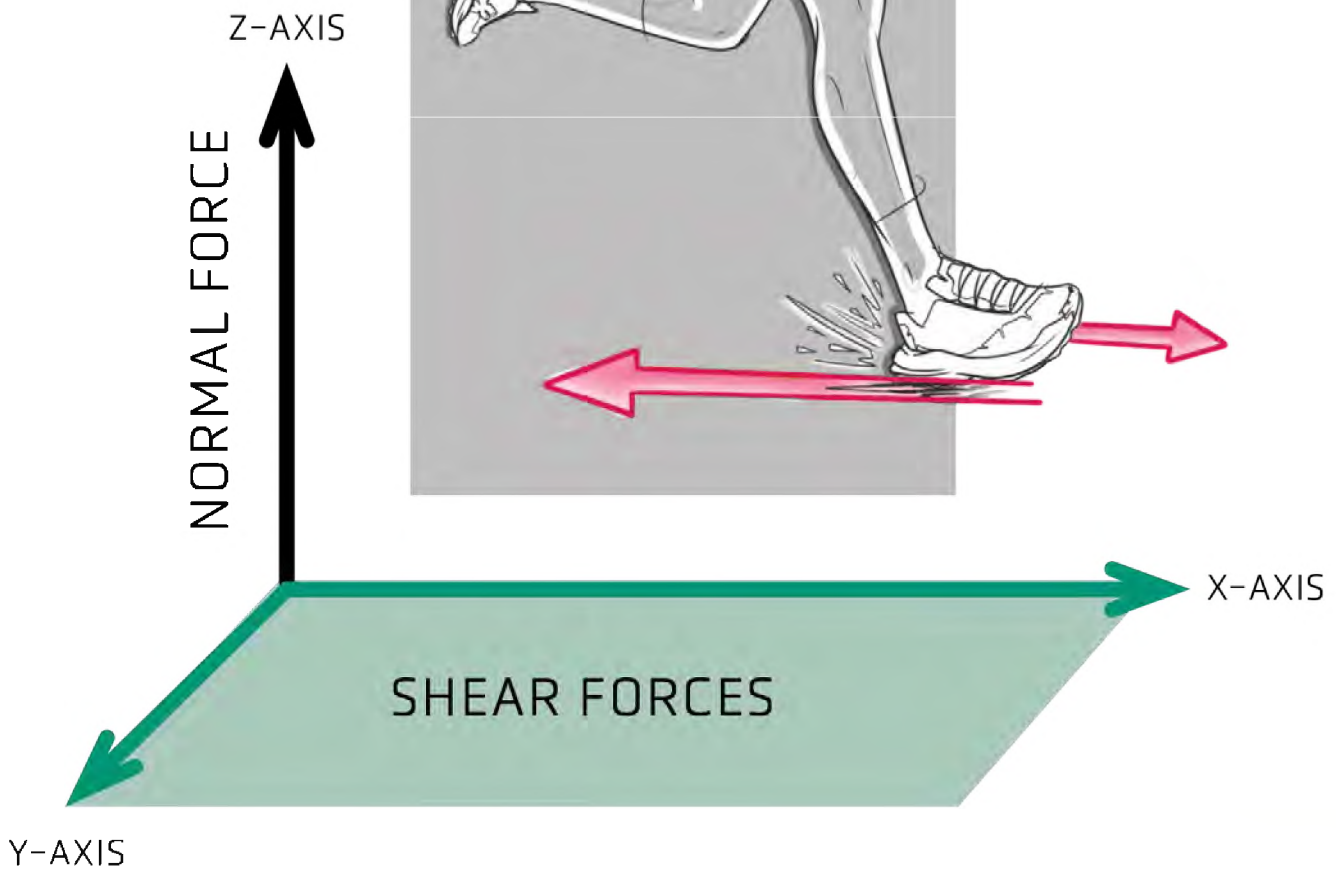
- Shear makes up 2/3 of the ground reaction forces that occur while running
- These forces allow an athlete to propel themselves forward, brake, or change direction; without shear, we could only jump upwards

○ **IS SHEAR NEW?**

- Measuring shear stress at the foot-shoe interface is extremely difficult & has not been done before
- Currently, only normal forces can be easily measured (1/3 of the forces that occur)

○ **BENEFITS OF MEASURING SHEAR**

- Understanding how shear changes throughout a run will provide opportunities to improve performance efficiencies & biomechanics



ATHLETE & ENVIRONMENT

● **FEMALE DISTANCE RUNNERS**

- 20 to 35 years old
- Specializing in 10k to marathon distances

● **ELITE ATHLETES**

- Women who run at a high level & strive for constant improvement
- Athletes who trust technology to teach them efficiency

● **SPRING IN PORTLAND, OREGON**

- Designed for unpredictable precipitation & slick surfaces

● **ROAD & TRAIL**

- Two version for however she wants to train



AREAS OF INNOVATION

○ **TAU-TECH**

- Sensor that accurately measures multi-axial shear stress at the foot-shoe interface
- Records real-time feedback via Bluetooth to an app

○ **IMPULSE INTEGRATION SYSTEM**

- Sole unit construction that imperceptibly integrates the sensor with no plantar pressure hot spots
- Provides high-energy return with dialed-in flexibility & impact attenuation

○ **ACTIVO-ARCH**

- Medial cage designed to provide the athlete with the perception of support & increase lockdown on declines
- Arch activation & support is especially important for female athletes

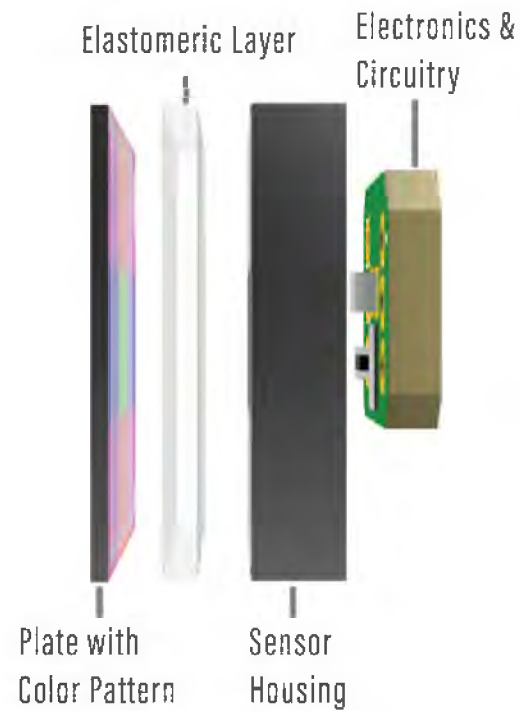
○ **TOTALIS TRACTION**

- Trail & road traction patterns that provide confident grip in wet conditions

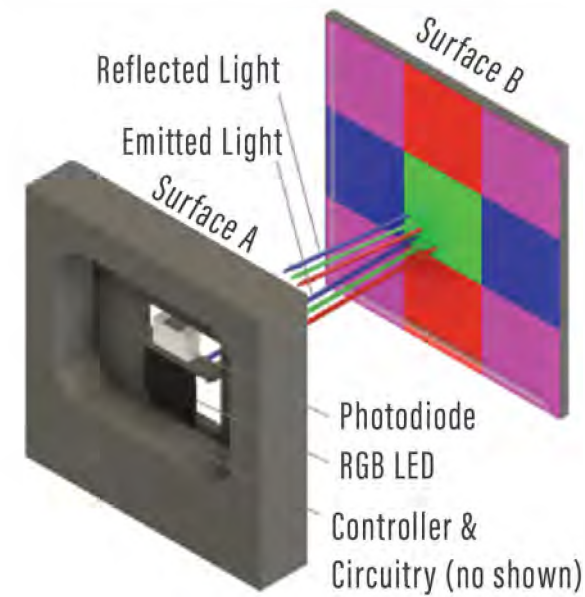


THE SENSOR

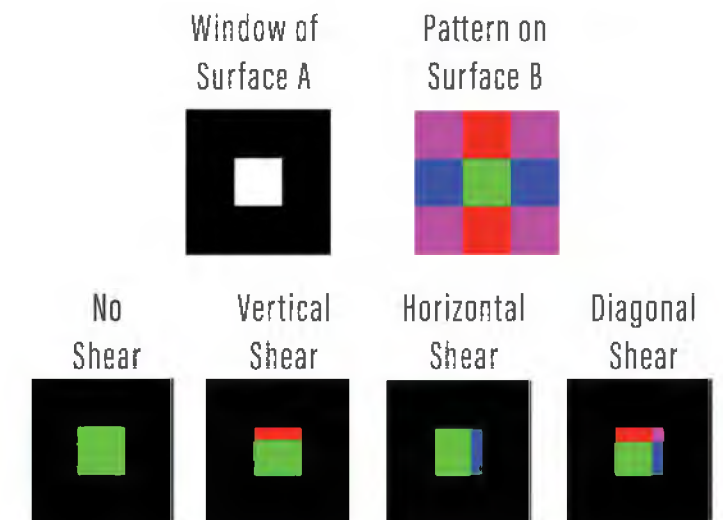
SENSOR ARCHITECTURE



SENSOR FUNCTION



VISUALIZATION OF SHEARING



SENSOR CONSTRAINTS

- PLANE OF ZERO DISPLACEMENT TO MEASURE DISPLACEMENT FROM
- SENSOR IS RIGID BUT NEEDS TO BE IMPERCEPTIBLY INTEGRATED INTO A DEFORMABLE BODY
- DEFORMABLE BODY NEEDS TO SHIFT ACROSS THE COLOR PATTERN

DEVELOPMENT TEAM

BIOMECHANICS
BOWERMAN SPORTS SCIENCE CENTER



MIKE HAHN

BIOMECH. & ENGR.
BSSC & KNIGHT CAMPUS



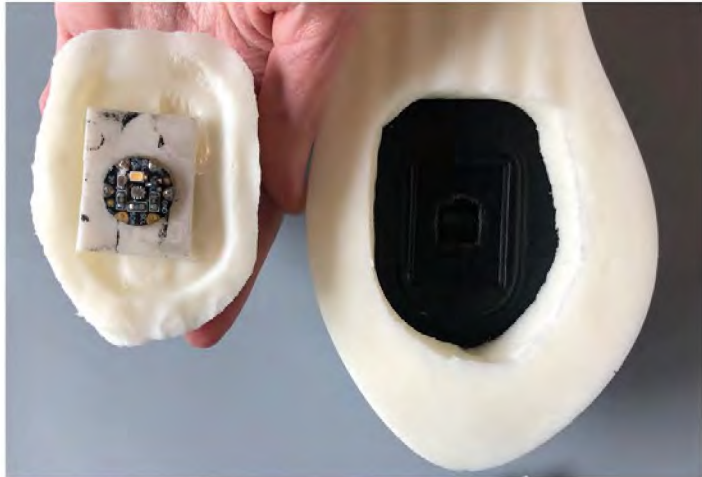
MICHAEL MCGEEHAN

ELECTRICAL ENGINEERING
KNIGHT CAMPUS

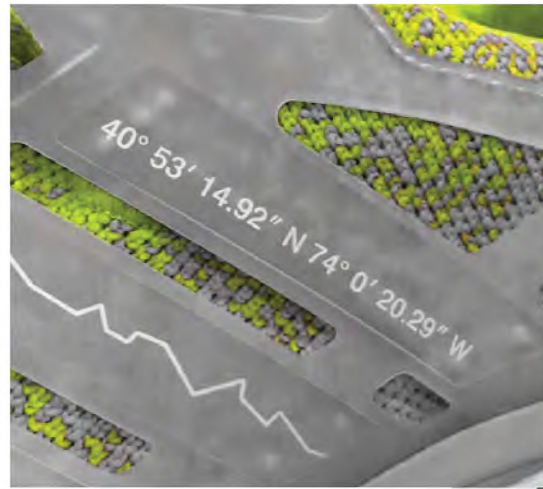


GHEE KEAT ONG

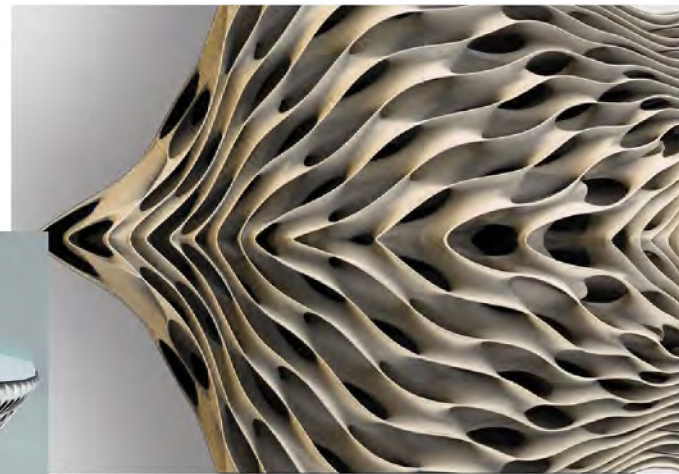
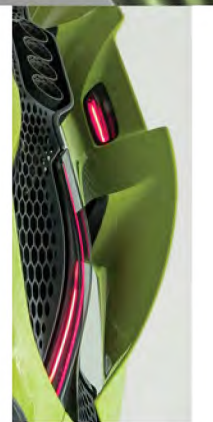
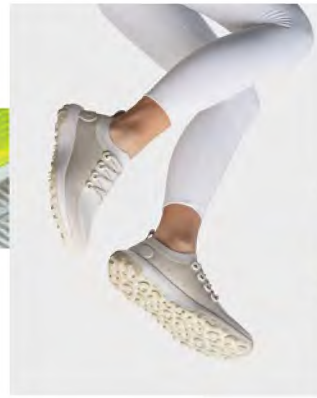




INSPIRATION & COLOR



QUAD AXIAL FLYWIRE
MULTI-DIRECTIONAL
DYNAMIC CONTAINMENT



ROAD COLORWAY		
	15-4305 TCX	QUARRY
	12-0703 TCX	SEEDPEARL
	14-0340 TCX	ACID LIME
	12-0741 TCX	SUNNY LIME
	18-1856 TCX	VIRTUAL PINK

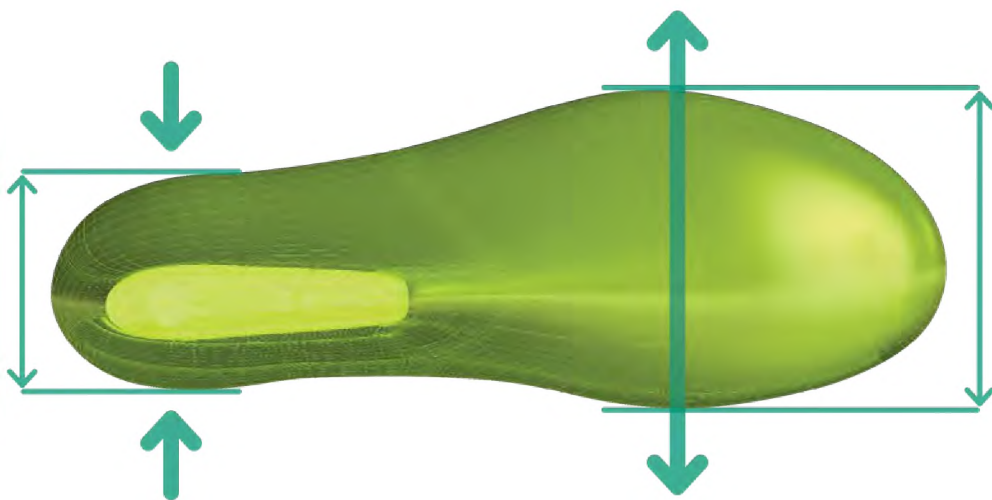
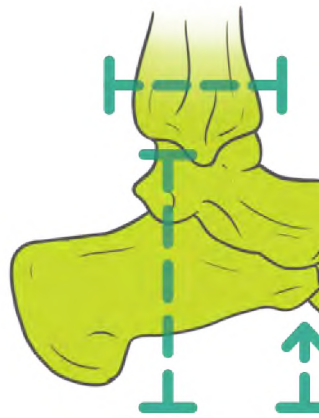
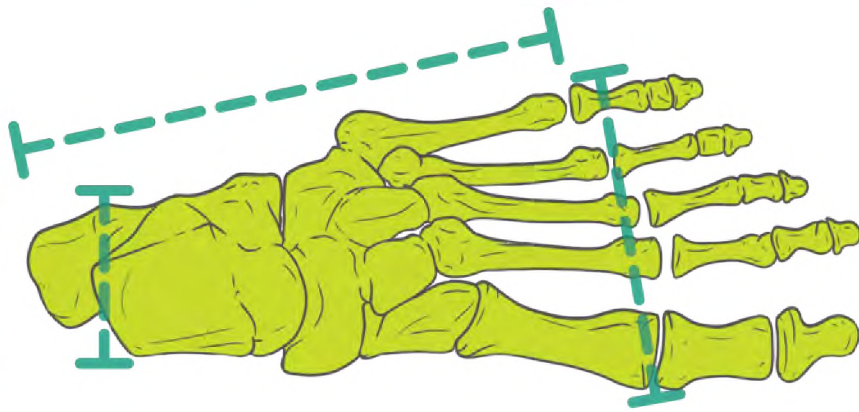
TRAIL COLORWAY		
	19-4405 TCX	FOREST RIVER
	15-4305 TCX	QUARRY
	19-5217 TCX	STORM
	16-5425 TCX	POOL GREEN
	18-1856 TCX	VIRTUAL PINK



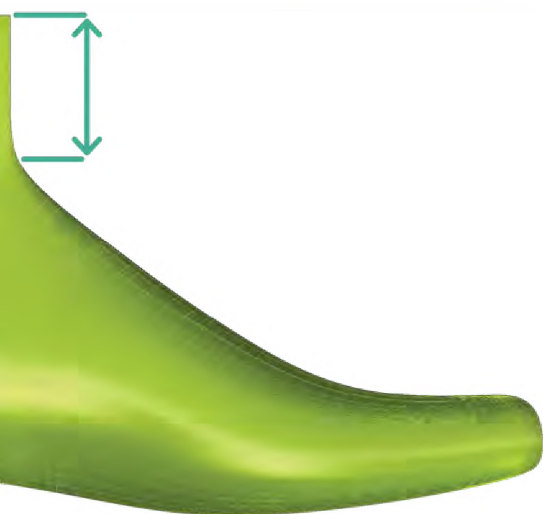
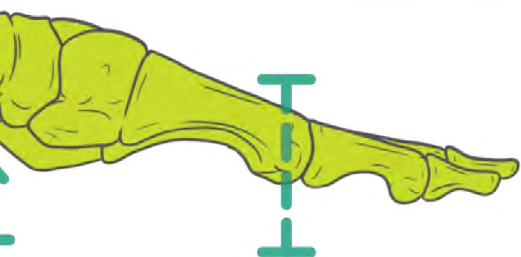
FINAL DESIGN INTENT



DEVELOPING A FEMALE



-SPECIFIC LAST



FEMALE-SPECIFIC UPDATES

FEMALE FEET

NARROWER HEEL
SHORTER @ HL TO 5TH MPJ
NARROWER BALL OF FOOT WIDTH
SHORTER ANKLE LENGTH
SHORTER MEDIAL MALLEOUS HEIGHT
HIGHER & MORE VARIABLE ARCH
SMALLER INSTEP CIRCUMFERENCE

TYPICAL W8

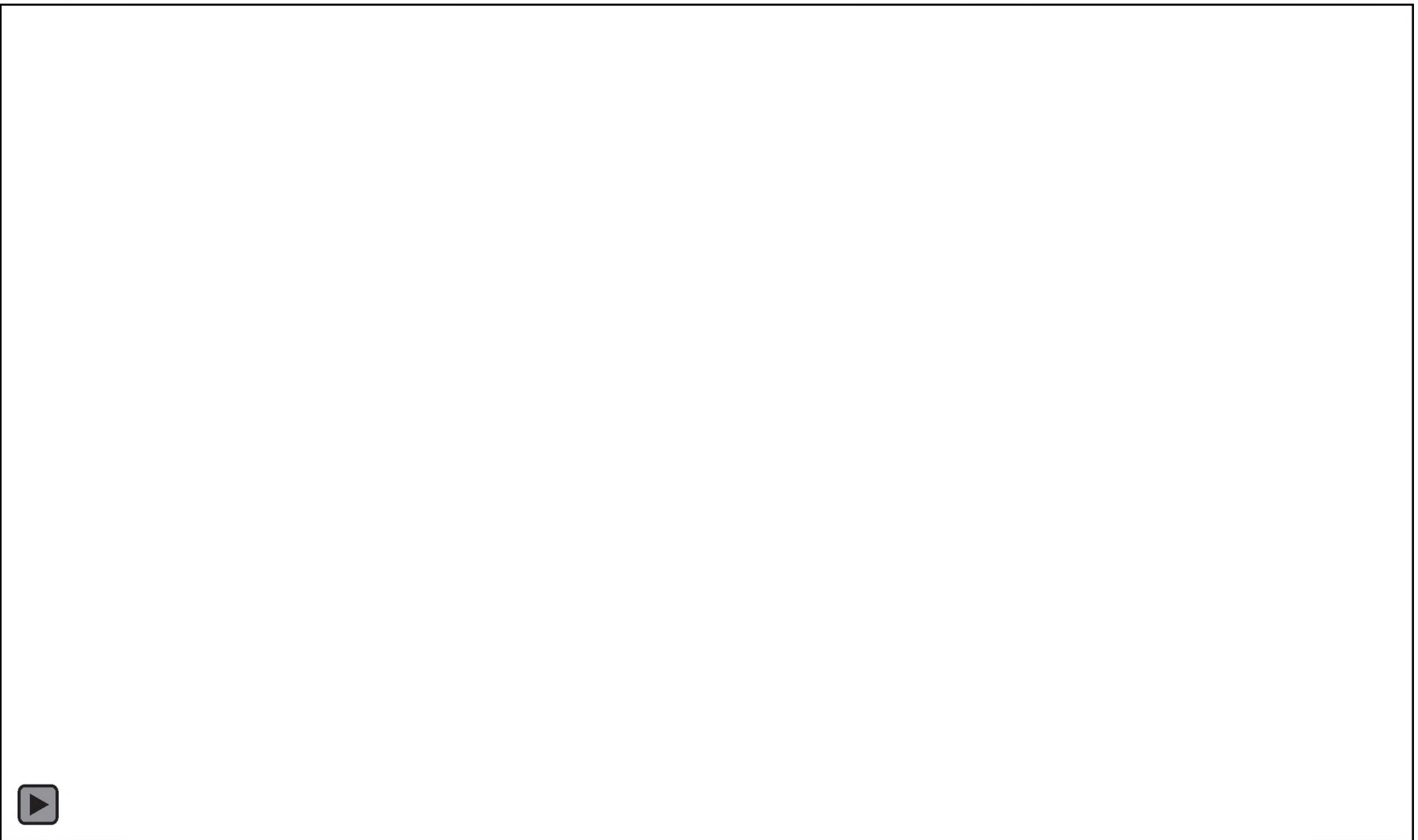
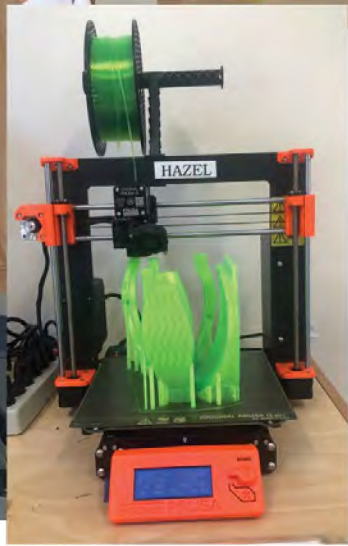
65 MM HEEL BREADTH
90 MM FOREFOOT BREADTH
0 MM LAST HEIGHT

TAU TRAINER

60 MM HEEL BREADTH
94 MM FOREFOOT BREADTH
42 MM LAST HEIGHT



PROTOTYPING



ROAD FINAL DESIGN

PADDED TONGUE WITH CINCH LACES

NOTCHED FOAM FOR EXTRA COMFORT WITHOUT COMPROMISING FLEXIBILITY
CINCH LACES ALLOW QUICK LACING

POLYESTER, KNIT, SPACER MESH

DWR FINISH, EXTENDED WATER GUARD WITH FLEX-NOTCHES
SINGLE-SIDED TONGUE FOR DECREASED DEBRIS ENTRY

ACTIVO-ARCH, INJECTION MOLDED TPU

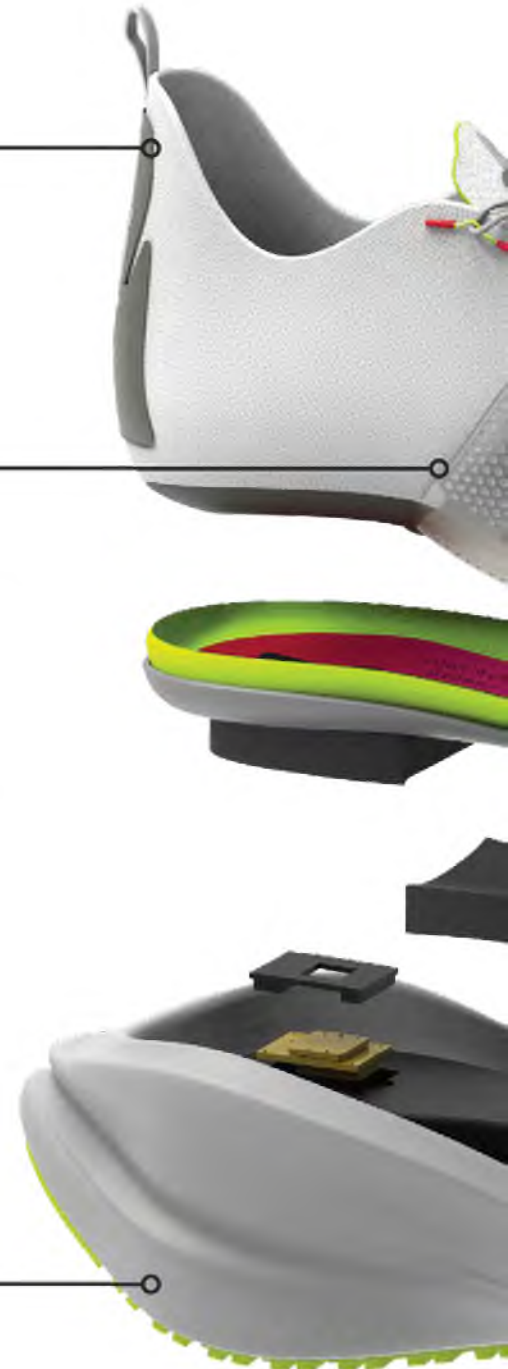
RAISED PROTRUSIONS
INCREASES LOCKDOWN & ARCH ACTIVATION

IMPULSE INTEGRATION SYSTEM

MULTI-LAYER CONSTRUCTION WHICH ENABLES THE QUANTIFICATION OF
SHEAR DISPLACEMENT AT THE FOOT-SHOE INTERFACE
RELAYS INFORMATION TO AN APP VIA BLUETOOTH

EVA FOAM MIDSOLE

HIGH SIDEWALLS FOR INCREASED STABILITY
MAXIMALIST STACK HEIGHT FOR INCREASED IMPACT ATTENUATION



TOTALIS TRACTION, CARBON BLOWN RUBBER OUTSOLE

ENGINEERED FLEX GROOVES & LEADING EDGES FOR MAXIMUM TRACTION ON WET SURFACES
EXTENDED TOE WRAP FOR INCREASED PROTECTION & DURABILITY





TRAIL FINAL DESIGN

PADDED TONGUE WITH CINCH LACES

NOTCHED FOAM FOR EXTRA COMFORT WITHOUT COMPROMISING FLEXIBILITY
CINCH LACES ALLOW QUICK LACING

POLYESTER, KNIT, SPACER MESH

DWR FINISH, EXTENDED WATER GUARD WITH FLEX-NOTCHES
EXTRA TOE-PROTECTION FOR INCREASED DURABILITY
MID-HEIGHT BOOTIE FOR DECREASED DEBRIS ENTRY

ACTIVO-ARCH, INJECTION MOLDED TPU

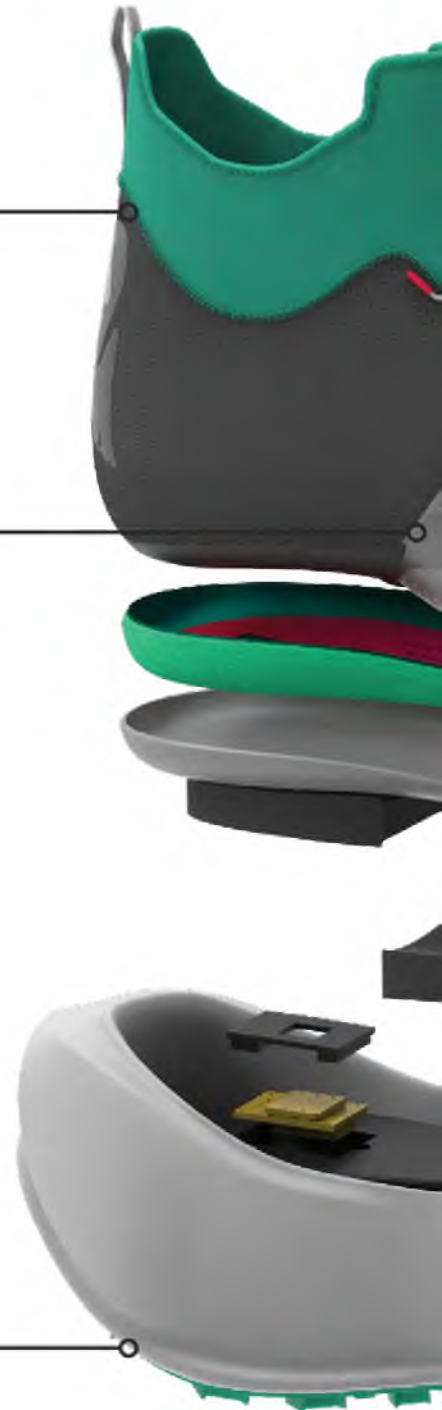
RAISED PROTRUSIONS
INCREASES LOCKDOWN & ARCH ACTIVATION

IMPULSE INTEGRATION SYSTEM

MULTI-LAYER CONSTRUCTION WHICH ENABLES THE QUANTIFICATION OF
SHEAR DISPLACEMENT AT THE FOOT-SHOE INTERFACE
RELAYS INFORMATION TO AN APP VIA BLUETOOTH

EVA FOAM MIDSOLE

HIGH SIDEWALLS FOR INCREASED STABILITY
MAXIMALIST STACK HEIGHT FOR INCREASED IMPACT ATTENUATION
NARROW FOOTPRINT FOR ENHANCED CONTROL



TOTALIS TRACTION, CARBON BLOWN RUBBER OUTSOLE

MULTI-DIRECTIONAL, 4MM LUGS ENGINEERED TO GRIP THE TRAIL, WET OR DRY
EXTENDED TOE WRAP FOR INCREASED PROTECTION & DURABILITY





FINAL ROAD PROTOTYPE





FINAL TRAIL PROTOTYPE

INTERACTING WITH THE APP

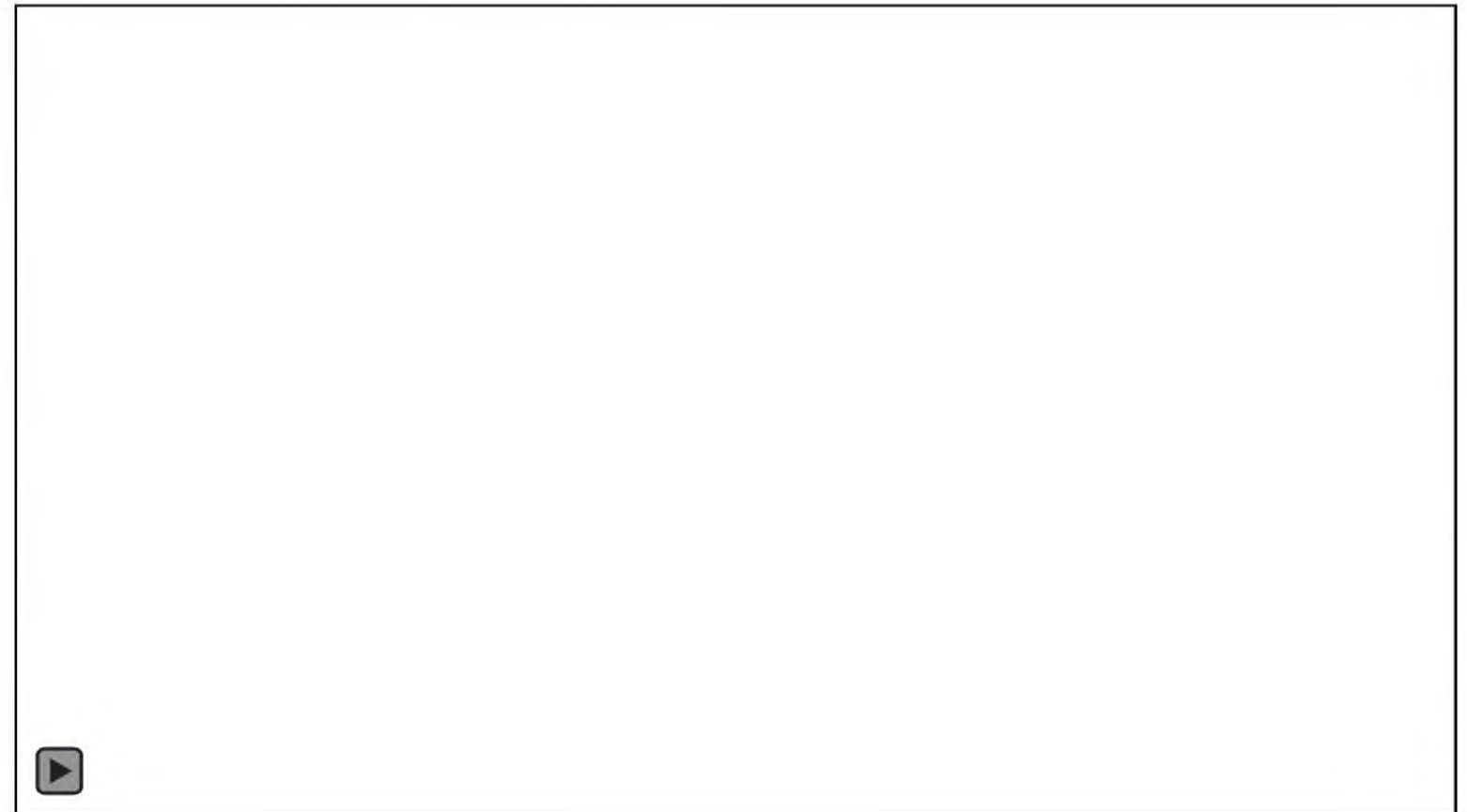


ATHLETE & EXPERT VALIDATION

"INTEGRATING SHEAR SENSORS INTO TRAINING FOOTWEAR CAN PROVIDE A DATA-DRIVEN APPROACH TO IMPROVE ATHLETIC PERFORMANCE."

- MICHAEL MCGEEHAN, U.O., BIOMECHANICS & ENGINEERING

	TRACTION	OVERALL*
	8.0 /10	7.0 /10
	7.0 /10	6.9 /10
	9.0 /10	7.3 /10
	8.5 /10	7.5 /10



100%

OF WEAR TESTERS SAID THE ACTIVO-ARCH TECHNOLOGY PROVIDES EXTRA SUPPORT & LOCKDOWN

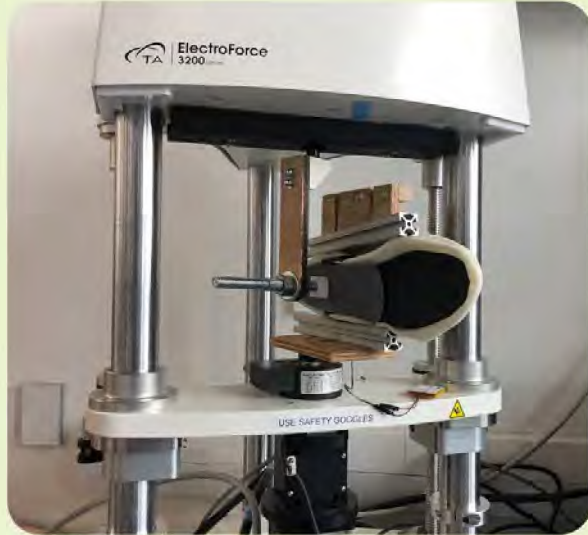
"THE SPLIT DESIGN WILL HELP FIT VARIOUS FOOT SHAPES. I THINK THIS WILL IMPROVE LOCKDOWN & HELP ATHLETES FEEL MORE SUPPORTED."

- EVAN DAY, BROOKS RUNNING, RESEARCH SCIENTIST



SENSOR TESTING & VALIDATION

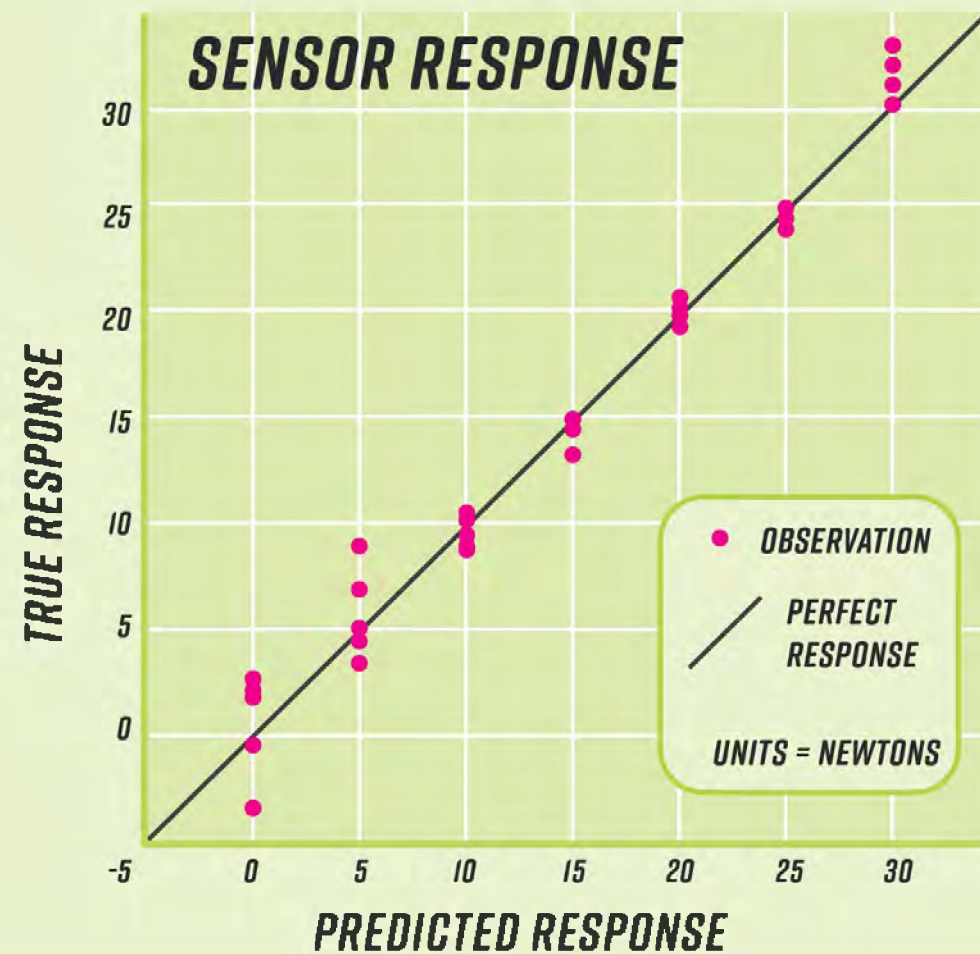
MECHANICAL TESTING



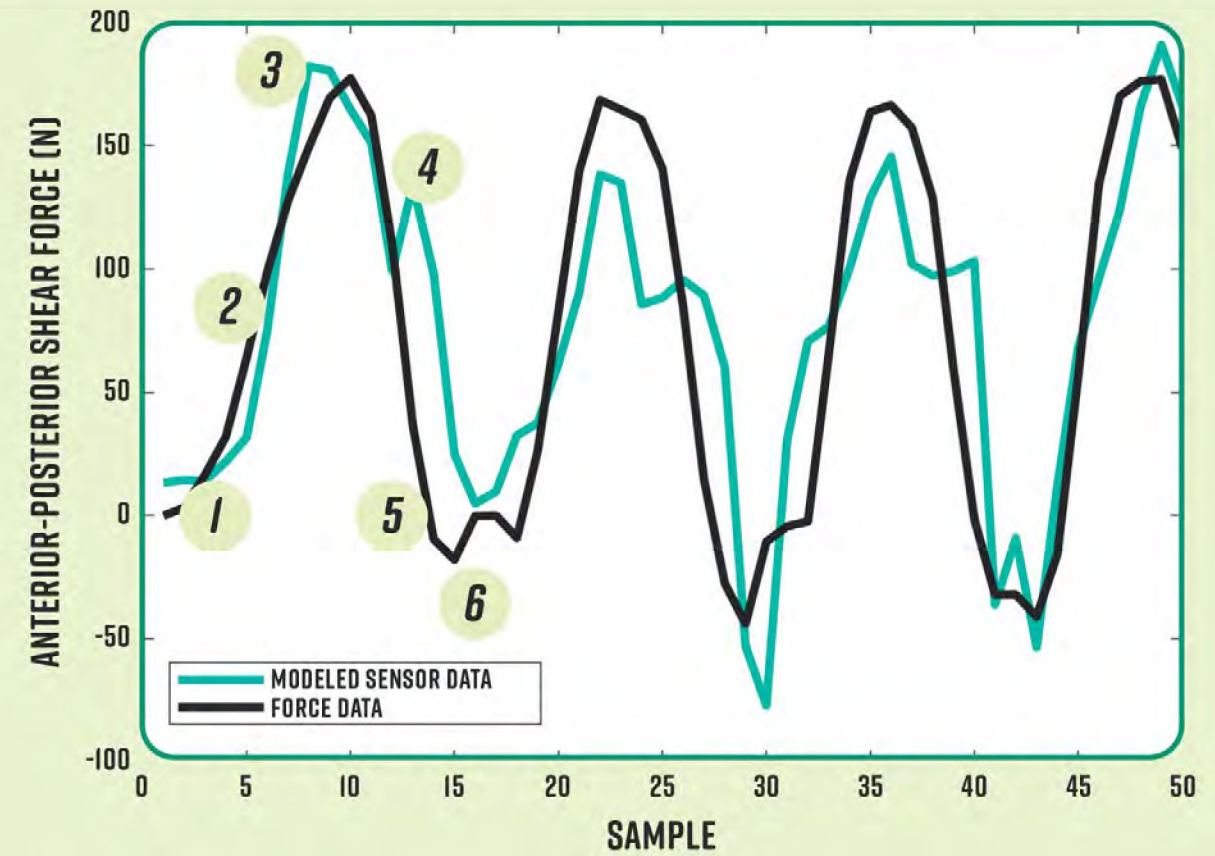
R-SQUARED VALUE

0.98
RMS

>5% ACCEPTABLE % ERROR
FROM TARGET [1.0 RMS]



FORCE PLATE WEAR TESTING





QUESTIONS?

