

**Student Health Center Survey, 1996  
Ci3 Instrument**

CATI ON

Q:HELLO

T:

May I please speak to \_\_\_\_\_?  
Hello, my name is \_\_\_\_\_ and I'm calling from the University  
of Oregon Survey Research Laboratory. We are conducting a  
survey of U of O students on health related issues.

1 R ON LINE  
CTRL-END R UNAVAILABLE, ETC.

T:14

RESTART INTERVIEW - REVIEW THE DATA

Hello, my name is \_\_\_\_\_ calling from the University of  
Oregon Survey Research Lab. I'm calling back to finish the  
survey we previously started.

1 R ON LINE  
CTRL-END R UNAVAILABLE

I:  
key 1

Q:HELLO2

T:

Did you receive the letter we sent about the survey?

1 YES, RECEIVED THE LETTER  
NO, DID NOT RECEIVE THE LETTER-READ LETTER, THEN ENTER 1  
CTRL-END R WILL NOT PROCEED WITH SURVEY--> SCHEDULE CALLBACK

I:  
key 1

Q:RECEIVE

T:

Do you have any questions about the letter or the survey?

YES REFER TO INTERVIEWER INSTRUCTIONS  
NO PRESS ANY KEY TO CONTINUE

I:

key

Q:HEALTH

T:

To begin the survey, I will ask you a series of questions about your health status. In general, would you say your health is excellent, very good, good, fair, or poor?

- 1 EXCELLENT
- 2 VERY GOOD
- 3 GOOD
- 4 FAIR
- 5 POOR

- 7 REFUSED
- 8 DON'T KNOW
- 9 NO ANSWER

I:

key 1-5, 7-9

qal NOQAL

Q:COMP1YR

T:

Compared to one year ago, would you say your health is much better, somewhat better, about the same, somewhat worse, or much worse?

- 1 MUCH BETTER
- 2 SOMEWHAT BETTER
- 3 ABOUT THE SAME
- 4 SOMEWHAT WORSE
- 5 MUCH WORSE

- 7 REFUSED
- 8 DON'T KNOW
- 9 NO ANSWER

I:

key 1-5, 7-9

Q:PAIN1

T:

How much bodily pain have you had during the past month - none, mild, moderate, or severe?

- 1 NONE
- 2 MILD
- 3 MODERATE
- 4 SEVERE

- 7 REFUSED
- 8 DON'T KNOW
- 9 NO ANSWER

I:

key 1-4, 7-9

Q:INTERFER

T:

During the past month, to what extent has your physical health or emotional problems interfered with your normal social activities - not at all, slightly, moderately, quite a bit, or extremely?

PROBE: By social activities I mean activities with friends, family, neighbors, or groups.

- 1 NOT AT ALL
- 2 SLIGHTLY
- 3 MODERATELY
- 4 QUITE A BIT
- 5 EXTREMELY

- 7 REFUSED
- 8 DON'T KNOW
- 9 NO ANSWER

I:

key 1-5, 7-9

Q:HAPPY

T:

How happy have you been with your personal life during the last month? Were you very happy, somewhat happy, not too happy, or not at all happy?

- 1 VERY HAPPY
- 2 SOMEWHAT HAPPY
- 3 NOT TOO HAPPY
- 4 NOT AT ALL HAPPY

- 7 REFUSED
- 8 DON'T KNOW
- 9 NO ANSWER

I:

key 1-4, 7-9

Q:MCONCRN

T:

During the past month, how concerned or worried have you been

about your health? Were you very worried, somewhat worried, not very worried, or not at all worried?

- 1 VERY WORRIED
- 2 SOMEWHAT WORRIED
- 3 NOT VERY WORRIED
- 4 NOT AT ALL WORRIED

- 7 REFUSED
- 8 DON'T KNOW
- 9 NO ANSWER

I:  
key 1-4, 7-9

Q:MINTRST1

T:

During the past month, how often has your daily life been full of things that were interesting to you? All of the time, most of the time, some of the time, or none of the time?

- 1 ALL OF THE TIME
- 2 MOST OF THE TIME
- 3 SOME OF THE TIME
- 4 NONE OF THE TIME

- 7 REFUSED
- 8 DON'T KNOW
- 9 NO ANSWER

I:  
key 1-4, 7-9

Q:CSTATUS

T:

Overall, how satisfied are you with your current health status? Are you very satisfied, somewhat satisfied, or not very satisfied?

- 1 VERY SATISFIED
- 2 SOMEWHAT SATISFIED
- 3 NOT VERY SATISFIED

- 7 REFUSED
- 8 DON'T KNOW
- 9 NO ANSWER

I:  
key 1-3, 7-9

Q:CHKCHOL

T:

Have you had your cholesterol level checked in the past five years?

- 1 YES
- 2 NO

- 7 REFUSED
- 8 DON'T KNOW
- 9 NO ANSWER

I:  
key 1,2, 7-9

Q:CHKBP  
T:

Have you had your blood pressure checked in the past two years?

- 1 YES
- 2 NO

- 7 REFUSED
- 8 DON'T KNOW
- 9 NO ANSWER

I:  
key 1,2, 7-9  
if (answer > 1)  
    Skipto ASMOKE1  
endif

Q:CHKBP1  
T:

Was (it/your blood pressure) normal, high, or low?

- 1 NORMAL
- 2 HIGH
- 3 LOW

- 7 REFUSED
- 8 DON'T KNOW
- 9 NO ANSWER

I:  
key 1,2,3, 7-9

Q:ASMOKE1  
T:

Have you ever regularly smoked cigarettes or used tobacco?

PROBE: By regularly, I mean using tobacco at least once a day for 30 days.

PROBE: Using tobacco includes chewing tobacco  
(such as Redman, Levi Garrett or Beechnut),  
using snuff (such as Skoal or Copenhagen), and  
smoking pipes or cigars.

- 1 YES
- 2 NO

- 7 REFUSED
- 8 DON'T KNOW
- 9 NO ANSWER

I:

key 1,2, 7-9

if (answer = 2)

    skipto HTINC

endif

Q:SMOKE

T:

Do you smoke or use tobacco now?

- 1 YES
- 2 NO

- 7 REFUSED
- 8 DON'T KNOW
- 9 NO ANSWER

I:

key 1,2, 7-9

if (answer > 1)

    skipto SMOKEAG

endif

Q:TOBACCO

T:

Do you smoke cigarettes, chew tobacco, or use another type of tobacco?

- 1 SMOKE CIGARETTES
- 2 CHEW TOBACCO
- 3 OTHER
- 4 IF VOLUNTEERED: USE MORE THAN ONE

- 7 REFUSED
- 8 DON'T KNOW
- 9 NO ANSWER

I:

key 1-4, 7-9

Q:STPSMOK2

T:

During the last year, did you quit (smoking/using tobacco)  
for at least one day?

- 1 YES
- 2 NO
  
- 7 REFUSED
- 8 DON'T KNOW
- 9 NO ANSWER

I:  
key 1-2, 7-9

Q:SMOKEAG  
T:

About how old were you when you first started  
(smoking/using tobacco) regularly?

ENTER AGE BELOW, NO DECIMALS

- 97 REFUSED
- 98 DON'T KNOW
- 99 NO ANSWER

I:  
num 5 99 2 0 14 10

Q:HTINC  
T:

The next questions are about height and weight.  
Approximately how tall are you without shoes?

TYPE HEIGHT IN INCHES ONLY! REFER TO POSTED CONVERSION SHEET

- 97 REFUSED
- 98 DON'T KNOW
- 99 NO ANSWER

I:  
num 50 99 2 0 14 10  
if (ans > 90)  
  if (ans < 97) reask  
endif

Q:WEIGHT  
T:

About how much do you weigh without clothing?

TYPE EXACT NUMBER OF POUNDS BELOW, NO DECIMALS  
NOTE: ONE KILO = 2.2 LBS

- 997 REFUSED
- 998 DON'T KNOW

999 NO ANSWER

```
I:
num 50 999 3 0 14 10
if (answer > 600)
  if (answer < 997) reask
endif
```

Q:DOUDRNK

T:

The next few questions have to do with alcohol.  
On average, how many days per week do you drink alcohol?

TYPE THE EXACT NUMBER BELOW

0 DOES NOT DRINK  
1 1 OR FEWER DAYS PER WEEK

97 REFUSED  
98 DON'T KNOW  
99 NO ANSWER

```
I:
num 0 99 2 0 18 10
skipto TESTPOT 0
if (ans > 7)
  if (ans < 97) reask
endif
```

Q:DRNKDAY

T:

On the days that you drink, how many drinks do you average per day?

A DRINK EQUALS: 8-10 OZ. BOTTLE OR GLASS OF BEER  
4 OZ. WINE - AVERAGE WINE GLASS  
1 1/2 OZ LIQUOR - SHOT GLASS

TYPE THE EXACT NUMBER BELOW

97 REFUSED  
98 DON'T KNOW  
99 NO ANSWER

```
I:
num 1 99 2 0 18 10
```

Q:DRINK5

T:

On how many days per week do you have 5 or more drinks per session?



TYPE THE EXACT NUMBER BELOW

0 NEVER DRINKS 5 OR MORE

97 REFUSED  
98 DON'T KNOW  
99 NO ANSWER

I:  
num 0 99 2 0 14 10  
if (ans > 7)  
  if (ans < 97) reask  
endif

Q:DRNKRIDE

T:  
During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

TYPE THE EXACT NUMBER BELOW

97 REFUSED  
98 DON'T KNOW  
99 NO ANSWER

I:  
num 0 99 2 0 14 10

Q:DRNKDRV

T:  
  
During the past 30 days, how many times did you drive a car or other vehicle when you have had three or more drinks of alcohol?

TYPE THE EXACT NUMBER BELOW

97 REFUSED